

NMSBVI Lunch Menu for October 2017

Scratch-Made Hot Lunch Option served everyday.

Field Trip Snack lunch is Turkey Roll Ups or Peanut Butter & Jelly on Whole Wheat.

All Lunches include a side, veggies and fresh fruit.

Rhubarb & Elliot

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Penne Pasta with Marinara, Mozzarella, Sautéed Veggies, Fruit.	3 Roasted Chicken Drumstick, Rice Pilaf, Steamed Green Beans, Fruit (GF)	4	5 Chicken Noodle Soup Homemade Oat Bar, Fruit	6 Cheese Pizza, Various Veggies with Ranch Dipping Sauce, Fruit
9 Spaghetti with Meat Sauce, Steamed Broccoli and Cauliflower, Fruit	10 Cheese Quesadilla, Whole Pinto Beans, Red Bell Pepper slices, Fruit	11	12 Fall Break	13 Fall Break
16 Scratch Mac-n-Cheese, Steamed Broccoli & Cauliflower, Fruit	17 Beef Tacos, Sweet Corn, Cheese, Lettuce, Salsa, Fruit (GF)	18	19 Ham & Cheese Sandwiches, Carrot Sticks, Potato Chips, Fruit	20 Cheese Pizza, Various Veggies with Ranch Dipping Sauce, Fruit
23 Bow-Tie Pasta Salad with Parmesan Cheese, Chicken Bites, Broccoli, Fruit	24 Breakfast Burrito with Eggs, Bacon, Cheese, Oven Papitas, Salsa, Fruit	25	26 Sweet and Sour Pork with Veggies, Steamed Rice, Fortune Cookie, Fruit	27 Cheese Pizza, Various Veggies with Ranch dipping sauce, Fruit
30 Bean Burrito, Spanish Rice, Red Bell Pepper Slices, Fruit	31 Spaghetti with Meat "Eye Balls", Marinara Sauce, Steamed Broccoli, Fruit			